

Eye Consultants of Northern Virginia

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3 DAYS BEFORE SURGERY

Drop	Breakfast	Mid-Day	Bedtime
MOXIFLOXACIN (Tan top) 1 Drop <u>3</u> times a day	✓	✓	✓
KETOROLAC (Grey top) 1 Drop <u>3</u> times a day	✓	✓	✓

IMMEDIATELY AFTER SURGERY

Drop	Breakfast	Mid-Day	Bedtime
MOXIFLOXACIN (Tan top) 1 Drop <u>3</u> times a day	✓	✓	✓
PREDNISOLONE (Pink top) 1 Drop <u>3</u> times a day	✓	✓	✓
KETOROLAC (Grey top) 1 Drop <u>3</u> times a day	✓	✓	✓

DAY 8 – DAY 14 AFTER SURGERY

Drop	Breakfast	Mid-Day	Bedtime
PREDNISOLONE (Pink top) 1 Drop <u>3</u> times a day	✓	✓	✓
KETOROLAC (Grey top) 1 Drop <u>3</u> times a day	✓	✓	✓

DAY 15 –DAY 30 AFTER SURGERY

Drop	Breakfast	Mid-Day	Bedtime
PREDNISOLONE (Pink top) 1 Drop <u>3</u> times a day	✓	✓	✓

Please wait at least 2 minutes between drops.

POST-EYE SURGERY DISCHARGE INSTRUCTIONS

IT IS NORMAL IMMEDIATELY AFTER SURGERY TO EXPERIENCE:

- A foreign body sensation
- Redness
- Hazy vision first 12-24 hours
- Tearing
- Itching – Do Not RUB!

POST-OPERATIVE CARE

For 3 days after surgery:

- Wear the plastic shield provided over the operated eye while sleeping
- Avoid getting water in the eye while showering or washing your face
- Do not bend with your head below your waist
- Do not lift or carry anything weighing more than 20 pounds
- Sleep on the non-operated side or lie on your back

For One Week after surgery:

- Do not engage in any activity where there is a risk of injury including sports, heavy exercise or swimming
- Do not wear eye make-up

NOTIFY THE OFFICE IMMEDIATELY IF:

- Significantly worsening vision
- Significant eye pain
- Significant purulent discharge
- Significantly worsening redness

YOU MAY REACH THE DOCTOR 24 HOURS A DAY BY CALLING THE OFFICE NUMBER. IF YOU ARE HAVING A MEDICAL EMERGENCY, CALL 911.